Mondays / Weds / Fridays	Activity	Support
7:00 AM		
7:30 AM		
8:00 AM	Breakfast	
8:30 AM		
9:00 AM	**LAK 108: Community Living & Engagement** Mondays: Community Living Wednesdays: Housing Fridays: Relationships Decoded	LCS Inst.
9:30 AM		
10:00 AM		
10:30 AM	PCP Goal Work	PC
11:00 AM		
11:30 AM	Wednesday: PCP Goal Work: Time Managmet & Organization Friday: Weekly PCP meeting	PC GA
12:00 PM		
12:30 PM	Lunch (Group meet-up optional)	PC
1:00 PM		
1:30 PM	**GEN 130: Core I - Foundations of Critical Thinking**	AC
2:00 PM		
2:30 PM	GEN 130: Core I STUDY HALL	AC
3:00 PM		
3:30 PM		
4:00 PM		
4:30 PM		
5:00 PM		
5:30 PM		
6:00 PM	Dinner	IND
6:30 PM		
7:00 PM	Extra Study Hall (LAK work or general)	AC
7:30 PM		
8:00 PM	PCP Goal: Fitness (workout in the gym)	PC
8:30 PM		
9:00 PM		
9:30 PM	Evening check-in	GA
10:00 PM		

Tuesdays / Thursdays	Activity	Support
7:00 AM		
7:30 AM		
8:00 AM	Breakfast (Group meet-up optional)	PC
8:30 AM	**EXP 100: Professional Protocol** (Class Tuesdays, Study Hall Thursdays)	AC
9:00 AM		
9:30 AM	COM 211: STUDY HALL	AC
10:00 AM		
10:30 AM		
11:00 AM	T/Th 11-12 is held for Convocations, Clubs and Student Org meetings.	
11:30 AM		
12:00 PM	Lunch	IND
12:30 PM		
1:00 PM	**COM 211: Interpersonal Communication**	AC
1:30 PM		
2:00 PM		
2:30 PM	**LAK 107: Personal Development** Tuesdays: Food (e/o week cooking classes) Thursdays: Personal Finance	LCS Inst.
3:00 PM		
3:30 PM		
4:00 PM	Thursday: LCS Weekly Shopping Trip	GA
4:30 PM		
5:00 PM		
5:30 PM		
6:00 PM	Dinner	IND
6:30 PM		
7:00 PM		
7:30 PM		
8:00 PM		
8:30 PM	Tuesday evening LU Bowling Thursday LU Game	GA / PC
9:00 PM		
9:30 PM		
10:00 PM	Evening check-in	GA

Saturday	Activity	Support
7:00 AM		
7:30 AM		
8:00 AM		
8:30 AM		
9:00 AM	COM 211: STUDY HALL	AC
9:30 AM		
10:00 AM		
10:30 AM	Brunch	IND
11:00 AM		
11:30 AM	PCP Goal Work: Room Clean-Up and Laundry	PC
12:00 PM		
12:30 PM		
1:00 PM		
1:30 PM		
2:00 PM		
2:30 PM		
3:00 PM	LU Game	PC
3:30 PM		
4:00 PM		
4:30 PM		
5:00 PM		
5:30 PM		
6:00 PM		
6:30 PM		
7:00 PM		
7:30 PM		
8:00 PM		
8:30 PM		
9:00 PM	Greek Party in Gould Commons	PC
9:30 PM		
10:00 PM		

Peer Coach	PC
Academic Coach	AC
LCS Program Instructor, Staff or Graduate Assistant	