

WINTER SOFTBALL
FLEX CAMPS

2011
2012

REGISTRATION FORM

Name _____

Address _____

City/State/Zip _____

Home Phone _____

Emergency Phone _____

Age _____

Grade 2011-12 _____

E-mail Address _____

(REQUIRED FOR REGISTRATIOIN CONFIRMATION)

OUR FLEXIBLE CAMPS

are designed for players at any talent level. The camps allow students to choose the date that coincides with the skills they most want to improve. Each session will focus on a different position. This allows campers to become a more complete player by focusing on the skills that need improvement or that they wish to develop.

Hitting Sessions Include:

- ◆ Hitting video and PowerPoint
- ◆ Hitting-demonstration and information
(Please bring bats and gloves)
- ◆ Hitting drills
- ◆ Slapping and bunting demonstration
- ◆ Question and answer Session

Pitching Sessions Include:

- ◆ Pitcher instruction-basic form
- ◆ Pitcher specific drills
- ◆ Pitching practice: Fastball
- ◆ Pitching practice: Change-up
- ◆ Stand-in work
- ◆ Pitch innings

Please indicate which session(s) you would like to participate in by checking the box(es) below:

Sunday, December 11, 2011
 Pitching 10 a.m. - Noon (\$30)

Sunday, January 15, 2012
 Hitting 4 p.m. - 5:30 p.m. (\$20)
 Pitching 6 p.m. - 8 p.m. (\$30)

Saturday, January 21, 2012
 Pitching 10 a.m. - Noon (\$30)
 Hitting 1 p.m. - 3 p.m. (\$25)

~~Sunday, January 22, 2012~~
~~Hitting 10 a.m. - Noon (\$25)~~
~~Pitching 1 p.m. - 3 p.m. (\$30)~~

I understand the directors, coaches or anyone else connected with Lakeland Softball will NOT assume any responsibility for accidents, medical, dental or any other expenses incurred as a result of accident during, or as a result of, any course of instruction given the applicant by the staff. I will be financially responsible for all medical claims for my child in case of emergency. I hereby give my permission to the physician selected by Lakeland College to secure proper treatment for my child.

Parent Signature: _____

Insurance Carrier: _____

Policy Number: _____

Full camp fee is due with application. There is no refund for this camp.

Please send checks payable to Lakeland College Softball. Send registration form and check to:

Lakeland College Athletics c/o Softball, P.O. Box 359, Sheboygan, WI 53082

Email questions to: buchmannncp@lakeland.edu

