

P.O. Box 359
Sheboygan, WI 53082-0359



LAKELAND COLLEGE

SPRING TRAINING BASEBALL CAMP 2012

February 19-20
[GRADES 7 - 12]



THE LAKELAND COACHING STAFF

is excited to be hosting the 2012 Spring Training Camps we are looking forward to teaching your athlete the skills necessary to compete in baseball in a fun and educational manner. The camp philosophy is to provide solid fundamental baseball skills in a relaxed atmosphere. We will cover all phases of the game regardless of skill level, and allow the necessary repetition time to see improvement in every skill. The camps will focus on hitting and other offensive skills that will prepare the camper for competition, as well as a session on pitching. We will also cover the basics on

mechanics, fielding your position and preparing your arm for the high school and college season.

**Conference Championships
(1985, 1986, 1988, 2001,
2002, 2003, 2004)**

**NCAA Division III Appearances
(2002, 2003)**

NCAA Division III

**World Series Appearance
(2002 - Fifth Place)**

Pitching/Catching Session 9 a.m. - 12 p.m.

This camp is to provide campers with mechanics, throwing off a mound and arm care.

Hitting Session 1 p.m. - 4 p.m.

This camp is designed for campers to work on their technique, drills and approach to hitting.



For more information please visit: lakeland.edu/baseballcamp



WHAT TO EXPECT FROM OUR CAMP

Campers are able to choose sessions in pitching/catching or hitting instruction led by the Lakeland College coaching staff. Campers will be challenged in an environment that will help them develop their abilities and confidence as players. In addition, each camper will receive a t-shirt.

Location/Equipment

The camp will be held in the Wehr Center on the Lakeland College campus in Sheboygan.

Each camper is responsible for bringing indoor shoes, baseball bat and glove.

Meals

If you are participating in both camps, pizza will be provided for lunch.

Insurance

Each camper must have their own medical insurance. The Lakeland College Baseball Spring Training Camps will not be responsible for any medical or dental insurance. A medical release statement must be signed by a parent or guardian before a camper is allowed to participate in the Lakeland College Baseball Camp. Each camper's health and protection will be our first and foremost concern, however, as with all sports, there are dangers inherent in participating. There will also be an athletic trainer present while the camp is in session.

Michael Bachar - CAMP DIRECTOR

"I am excited to host my sixth consecutive camp at Lakeland College. My coaching staff will work on the fundamentals that we teach our players. We look forward to working with you and helping you grow as a baseball player."

For more information or to register, contact me at 920-565-1411 or email bacharma@lakeland.edu



Head Coach & Camp Director

CAMP REGISTRATION

Cost: The cost for the each session, pitching or hitting is \$50. If you would like to participate in both sessions the cost to attend is \$75.

Registration: Confirmation of registration will occur on the day of the camp. Campers will be supervised by camp staff starting from the time registration is confirmed until the conclusion of the camp.

To insure your correct t-shirt size, please register by February 1st.

Make all checks payable to:
**Lakeland College
Baseball Camp**
C/O Michael Bachar
Lakeland College
P.O. Box 359, Sheboygan, WI 53082



Name _____
(LAST) (FIRST)

Address _____

City _____, State _____, Zip _____

Home Phone _____

E-mail _____

Grade (Current) _____ Age _____

Date of Birth _____

T-Shirt Size _____

High School _____

Which camp will you be attending?

- Pitching/Catching Session** (\$50)
 Hitting Session (\$50)
 Pitching/Catching & Hitting Session (\$75)

In case of emergency contact:

at _____

Health Insurance Carrier _____

Policy Number _____

By signing this form, I release the Lakeland College Baseball Spring Training Camp, Lakeland College and anyone associated with the Lakeland College Baseball Spring Training Camp or Lakeland College from any liability related to this camp, medical or otherwise. I understand that every precaution is taken to protect the safety of each camp participant. I agree to emergency treatment by a physician or paramedics in the event that I cannot be reached, and agree to release all personnel for any liability in connection with the camp. I do grant permission for transportation to the hospital.

PARENT/GUARDIAN SIGNATURE DATE

Campers are not allowed to participate in the camp until they have turned-in a signed permission slip.