

# Camp Registration



**Cost:** The cost for Session I is \$100.00 and lunch will be provided. Session II is \$40.00 and no lunch will be provided. There is a \$25.00 non-refundable deposit for Session I and a \$10.00 non-refundable deposit for Session II.

**Registration:** Confirmation of registration will occur on the first day of the camp at 8:00 a.m. Campers will be monitored by camp staff starting from the time registration is confirmed until the conclusion of that day's event.

Make all checks payable, including the non-refundable deposit to:

Lakeland College Fundamental Football Camp  
C/O Kevin Doherty  
Lakeland College  
P.O. Box 359  
Sheboygan, WI 53082



**Kevin Doherty** - Camp Director

Coach Doherty led the Lakeland Muskies to the 2007 Illini-Badger Football Conference Title, and the Muskies had the most all-conference players of any team in the IBFC.

For more information  
or to register  
contact Kevin Doherty

at 920-565-1246 or email [dohertykp@lakeland.edu](mailto:dohertykp@lakeland.edu)

## Location/Equipment

The camp will be held on the campus of Lakeland College in Sheboygan, Wisconsin.

Each camper is responsible for his own shoes, socks, jock, shorts and shirt. In case of inclement weather campers should bring non-cleat tennis shoes as we will hold camp inside.

## Lunch

Lunch will be provided for the campers participating in Session I. No lunch will be provided for the Session II camp.

## Insurance

Each camper must have their own medical insurance. The Lakeland College Fundamental Football Camp will not be responsible for any medical or dental insurance. A medical release statement must be signed by a parent or guardian before a camper is allowed to participate in the Lakeland College Fundamental Football Camp. Each camper's health and protection will be our first and foremost concern, however, as with all sports there are dangers inherent in participating. There will also be an athletic trainer present while the camp is in session.



# FOOTBALL



## Fundamental Football Camps

Session I (Ages 9-13)  
June 23-25, 2008  
9:00 a.m. - 3:00 p.m.

Session II (Ages 8 & under)  
June 26-27, 2008  
9:00 a.m. - Noon

**LAKELAND**  
COLLEGE

# Camp Details

The Lakeland coaching staff is excited to be hosting the third annual Lakeland College Fundamental Football Camp and look forward to teaching your athlete the skills necessary to compete in football in a fun and educational manner.

The camp philosophy is to provide solid fundamental football skills in a relaxed atmosphere. We will teach techniques that are vital to the athlete in reaching their fullest potential both on and off the field. Both sessions are designed to ensure that the campers enjoy their time while gaining a valuable learning experience.

We will work on the fundamentals which are the building blocks for great success on the field and off. Coaches will actively teach athletes all the techniques used at Lakeland College that helped the players become

## THREE-TIME IBFC CHAMPIONS!



## Highlights

Each camper will receive instruction from the Lakeland College coaching staff in: offense, defense, special teams, fitness training and nutritional training. The camper will also receive a camp T-shirt and a personal evaluation by a staff member. There will also be daily competition.

## Session I (Ages 9-13)

June 23-25, 2008

9:00 a.m.-2:30 p.m.

This camp is for athletes who are just learning the skills necessary to participate in football in a competitive manner. It will focus on techniques and fundamentals for all positions.

There will be offensive and defensive sessions to give your camper exposure to positions on each side of the ball. Instruction will also be given in punting and kicking. Basic fundamentals will be the focus of this camp.

In addition to on the field training, the campers will be introduced to basic weight training techniques and introductory film study.

## Session II (Ages 8 & under)

June 24-27, 2008

9:00 a.m.-12:00 p.m.

This camp is specially designed to introduce your young athlete to the game of football. The basics of football will be taught. This session will present the game of football in a fun and interesting way. The athletes will learn the basic concepts of the game through competitions and games. This is a great way to expose your child to the game of football and prepare them for a successful experience in the game.



Name \_\_\_\_\_

(Last)

(First)

Address \_\_\_\_\_

City \_\_\_\_\_, State \_\_\_\_\_, Zip \_\_\_\_\_

Home Phone \_\_\_\_\_

Grade (Fall 2008) \_\_\_\_\_

Date of Birth \_\_\_\_\_

Position \_\_\_\_\_

Adult Shirt Size (Session I) \_\_\_\_\_

Youth Shirt Size (Session II) \_\_\_\_\_

Which camp will you be attending?

Session I (\$100) \_\_\_\_\_ Session II (\$40) \_\_\_\_\_

In case of emergency contact:

at \_\_\_\_\_

Health Insurance Carrier \_\_\_\_\_

Policy Number \_\_\_\_\_

By signing this form I release the Lakeland College Fundamental Football Camp, Lakeland College and anyone associated with the Lakeland College Football Fundamental Football Camp or Lakeland College from any liability related to this camp, medical or otherwise. I understand that every precaution is taken to protect the safety of each camp participant. I agree to emergency treatment by a physician or paramedics in the event that I cannot be reached, and agree to release all personnel for any liability in connection with the camp. I do grant permission for transportation to the hospital.

Parent/Guardian Signature \_\_\_\_\_ Date \_\_\_\_\_

Participants are not allowed to participate in the camp until they have turned-in a signed permission slip from up above.