Psychology is a very broad discipline that employs the methods of scientific inquiry as it observes, describes, and explores the brain’s role in emotion, thought, and behavior. Students in the psychology program are called upon to think critically and creatively as they examine how organisms adapt to their surroundings through biological, social, emotional, perceptual, and cognitive capacities. Students learn to become clear communicators, attentive listeners, and dynamic and sensitive problem solvers.

An undergraduate major in psychology will prepare students for careers in human services as well as for graduate school programs in psychology, counseling, social work, or law.

Students who have successfully completed a B.A. in Psychology from Lakeland University should be able to:
- Demonstrate a working knowledge of psychology’s content domains.
- Identify the fundamental principles of psychological research.
- Apply ethical standards to evaluate psychological science.
- Demonstrate effective writing to summarize psychological research.
- Develop professional direction for life after graduation.

**REQUIRED COURSEWORK**

(48 SEMESTER HOURS)

- PSY 200 - General Psychology
- MAT 221 / PSY 221 - Statistics for Psychology
- PSY 321 - Personality Theories
- PSY 340 - Experimental Psychology
- PSY 463 - History and Systems of Psychology (WI)

**CONTENT AREAS (24 SEMESTER HOURS)**

Complete two courses from each content area for a total of twenty-four (24) semester hours.

**Brain, Body, and Mind**

*Two of the following:*
- PSY 305 - Health Psychology
- PSY 411 - Biological Psychology
- PSY 462 - Cognitive Psychology

**Clinical**

*Two of the following:*
- PSY 372 - Abnormal Psychology
- PSY 405 - Child Psychopathology
- PSY 408 - Psychological Testing

**Lifespan**

*Two of the following:*
- PSY 330 / EDU 330 - Human Growth and Development
- PSY 350 - Child Psychology
- PSY 361 / SOC 361 - Aging: Bio-psychosocial Implications

**Self and Others**

*Two of the following:*
- PSY 220 / SOC 220 - Social Psychology
- PSY 227 / SOC 227 - Cross-Cultural Psychology
- PSY 420 - Positive Psychology

**ELECTIVES (9 SEMESTER HOURS)**

Complete nine (9) additional semester hours from the following:
- PSY 222 / SOC 222 - Sexuality: Psychosocial Perspectives
- PSY 230 / EDU 230 - Educational Psychology
- PSY 280 - Special Topics in Psychology
- PSY 282 - Industrial/Organizational Psychology
- PSY 403 - Psychology and Film
- PSY 417 - Drugs and Behavior
- PSY 422 - Counseling: Theories & Application
- PSY 432 / EDU 432 - Survey of the Exceptional Person
- PSY 480 - Special Topics in Psychology

OR

Courses not used to satisfy the Content Areas requirement
Any additional psychology (PSY) courses offered

Courses listed are 3 semester hours unless stated.
**INTERDISCIPLINARY STUDIES**

**RHETORICAL SKILLS**
- GEN 110 - Composition I: Academic Writing
- GEN 112 - Composition II: Argumentation and Research

**QUANTITATIVE SKILLS**
- MAT 130 - Intermediate Algebra
  or
- MAT 150 - Statistics for Everyday Life

**THE CRITICAL THINKING CORE SEQUENCE**
- GEN 130 - General Studies Core I: Foundations of Critical Thinking *(Exempt with at least 30 transfer credits)*
- GEN 3XX - General Studies Core II: Exploring the Human Condition *(Exempt with at least 90 transfer credits)*
- GEN 4XX - General Studies Core III: Shaping the Future

**DISTRIBUTIONAL STUDIES**
Select a minimum of 3 semester hours from 7 of the 8 following categories:

- **Art, Music and Theatre** (ART, GDN, MUS, THE)
- **History and Political Science** (HIS, POL)
- **Literature and Writing** (ENG, WRT)
  *Excludes ENG 230, WRT 211 and WRT 212*
- **Mathematics** (MAT)
  *Excludes MAT 130 and MAT 150*
- **Natural Sciences** (BIO, CHM, PHY and GEN 183)
- **Philosophy and Religion** (PHI, REL)
- **Social Sciences** (ANT, CRJ, DVS, ECN, SOC, PSY)
  *Excludes SOC/PSY 335*
- **World Languages** (CHI, GER, JPS, SPA or other)

Upon completion of the requirements for the Bachelor of Arts degree through the Lakeland University evening, weekend and online program, degree-earning students will have:

- earned at least 120 semester hours of college credit, with a minimum of 30 semester hours having been completed through Lakeland University;
- satisfied the requirements of at least one academic major;
- completed the General Studies requirements; and
- maintained a cumulative 2.0 grade point average in both the major and in all coursework taken through Lakeland University.

The Lakeland University evening, weekend and online program’s liberal arts component enables students to develop the necessary skills and knowledge to communicate clearly, inquire methodically, evaluate rationally and reason validly. These skills are developed through courses in:

- **Distributional Studies**, which develop knowledge in areas outside the major; and
- **Interdisciplinary Studies**, which encourage the integration of knowledge and values.