

Commuter Student Meal Plan

As a convenience to commuter students, there is an optional meal plan available. If you are interested in purchasing the plan, please mark the selection form, sign, date, and return in the enclosed postage-paid envelope.

- ☐ **35 meals per semester*** Plan includes 15 flex meals plus \$270 per semester in Muskie Money to be used in Muskie Mart, Pub, Daily Grind, and Dining Services Line. (Commuter students only) \$655 per semester.

Monday-Friday: Breakfast 7 a.m. - 9:15 a.m. Lunch 10:15 a.m. - 1:30 p.m. Dinner 4 p.m. - 6:30 p.m.

Saturday and Sunday: Brunch 10:45 a.m. - 12:45 p.m. Dinner 4 p.m. - 5:30 p.m.

Commuter Meal Plan Features:

FLEX MEALS Meal plan includes 15 “flexible meals:”

Guest Meals - use a flex meal to bring a guest through the food service line.

Meal Exchange - use a flex meal to purchase a “value meal” in the Muskie Mart when the food service line is closed. (Available Monday-Friday 1:30 p.m. - 4 p.m. & 6:30 p.m. - 9:30 p.m. AND Saturday & Sunday 5:30 p.m. - 9:30 p.m.)

MUSKIE MONEY \$270 in Muskie Money is included with the meal plan. Money can be used in the Muskie Mart, Pub, Daily Grind (coffee bar), and Dining Services Line.

Dining Services Line Line meals are served in Bossard Hall on the second floor of the Younger Family Campus Center. Students, staff, faculty and guests are welcome to go through the line and may use a Lakeland College identification card or cash. A buffet-style setting, including a number of main entrees, desserts, fruits, beverages, salad bar and deli sandwich bar allows everyone to have all they care to eat.

Grab and Go If you're in a hurry, you can stop at the Grab and Go, which is open for lunch during the week, and pick up a quick meal to take with you. It features fresh subs, sushi, chef-style salads and microwave pizzas.

Muskie Mart The Muskie Mart is a convenience store located in Bossard Hall where you can pick up a quick snack or shop for dinner. The Mart is also a place where you can purchase bathroom and kitchen supplies.

Muskie Grill With the Muskie Mart is the Muskie Grill, a short-order kitchen where you can choose from numerous hot snacks such as fries, mozzarella sticks and breaded mushrooms, sandwiches including burgers, chicken pitas and phillys, salads and fruits.

Daily Grind You can find our on-campus espresso bar, the Daily Grind, in the student lounge of the Younger Family Campus Center. A great place to begin your day, you'll find gourmet coffees served hot, iced and frozen, or you can choose from a wide assortment of teas, chai tea, steamers and hot chocolate. If you are not a coffee or tea lover, try one of the many different smoothie flavors the espresso bar can mix up. The Daily Grind also offers desserts and breakfast items such as cookies, bagels and fruit.

The Pub The Pub is a casual gathering spot where you can hang out with friends and enjoy diverse evening activities. The Pub offers free soda and popcorn and you can use your Muskie Money to purchase pizza, hot pretzels and nachos.

**Meal Plan is based on a 15-week semester.*

I would like to purchase the optional Commuter Student Meal Plan

Name _____

Lakeland ID (if known) _____

Signature _____

Date _____



LAKELAND
♦ COLLEGE ♦